



OREGON WIC

Using your state's app, WIC approved food list and more

Approved Foods List



It is important to know what foods and formula are approved in your state.

[View Oregon's WIC Approved Foods List](#) (This link will open in a new tab)

Other helpful information

[Download the WIC Shopper App](#)

- Get your WIC balance
- Find recipes using WIC foods
- Scan foods to see if they are WIC-approved

Call eWIC Customer Service at 1-844-234-4946 if...

- Your card is lost, stolen, or damaged
- You need to reset or change your PIN
- You think your receipt doesn't match what you bought

Call your WIC clinic if...

- You have questions about WIC foods or amounts
- You were not able to buy a food you think is WIC approved

Watch these videos for tips on using the Oregon eWIC Card



Setting Your PIN

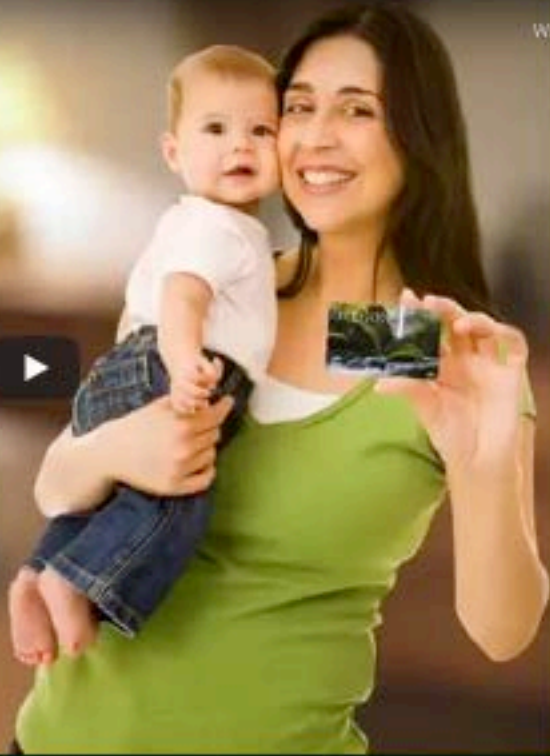


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Protecting Your eWIC Card



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